

SENIORS AND RETIREMENT

Award-winning retirement lifestyle village is nearly sold out

Amdex spokesperson

The first phase of Amdex Property Development's award-winning retirement lifestyle village, Evergreen Muzienberg, is almost sold out, with only 10 of the chic, contemporary houses still available. An informal survey among buyers revealed that several had made a quick decision to purchase and had moved in shortly after seeing the development for the first time.

"They recognised the rare opportunity to purchase an affordable, priced, stylish new home in Cape Town's southern suburbs, with immediate access to fully-operational entertainment and health-care facilities," says Amdex sales representative Jayne Hendry.



RECOGNITION: This is Stoffer (CEO, ICREA), Astrid Wilson (director, Amdex Property Development), John Wilson (chairman, Amdex Property Development) and Helen Shield (editor-in-chief, International Homes magazine) of the CNBC Property Awards in London.

Global accolades

The development's assets have also been recognised by a panel of top global property experts who, last month, awarded Evergreen Muzienberg four stars in the "Best Retirement Development" category of CNBC Arabia's 2009 Europe & Africa Property Awards.

The event was part of the International Property Awards, the world's most prestigious competition for property professionals.

Another accolade was a gold award from the Timber Frame Builders' Association in South Africa this year for the boardwalk – the focal point of Evergreen's 2.7 hectares of beautifully landscaped indigenous gardens.

Social hub

In the survey, residents Michael and Mary Sharkey said they were attracted by the social and other facilities.

The clubhouse and bistro-style restaurant – the vibrant hub of the Evergreen community, together with the library and games room – have been operational for a year.

Amdex will also launch a new leisure centre, which will include activities such as pool, darts, bridge and a hobbies room, within the next two weeks.

"The existing entertainment and health-care facilities, which include a clinic, treatment rooms for visiting doctors, physiotherapists and other medical practitioners, and a full-care unit, were provided early on to give purchasers

peace of mind," says Amdex chairman John Wilson.

With Muzienberg beach just a short stroll away, like-minded people can go swimming together, or for walks along the endless stretch of white sand, says Hendry.

There are also walks in nearby nature reserves, and many other activities in the area, including visits to the arts and museums, and shopping trips.

The architect-designed houses offer a choice of three bedrooms with two bathrooms, two bedrooms with two bathrooms, or two bedrooms with one bathroom. All have spacious, light-filled living/dining areas; open-plan, fitted kitchens; modern bathrooms; extra-length garages; plumbed for washing machines and tumble driers; and private gardens.

Assisting buyers

Amdex has made its experienced sales team available to assist prospective Evergreen buyers who are struggling to sell their present homes in the current market. "The team has achieved 90% of the asking price for these properties to date," says Wilson.

House prices start from R1 350 000. Apartments starting from R750 000 will also be offered in the second phase, due to launch soon.

Call Jayne Hendry on 083 324 0323, Nino Boehm on 082 320 2101, Amdex's Slesberg office on 021 702 3200, or visit www.evergreenlifestyle.co.za

Faircare Trust spokesperson

FAIRCARE Trust is a specialist of premium retirement villages and residential centres.

Born from the merger between the Manor Group and Cleud, Cap Retirement Village, Faircare Trust provides the assurance that comes with more than 20 years' experience in providing professional management and care.

Now also backed by the Fergo Group, Faircare Trust further enjoys an added benefit of the support of

and access to, a highly skilled group of companies with more than 30 years' experience in property management, development, investment and construction.

Faircare Trust operates five premium, fully developed retirement villages in the Western Cape (Cleud, Cap in Tokai, Noordhoek Manor in nearby Noordhoek, Bridgewater-Manor and Heritage Manor in Somerset West) and Overberg (Ornis Manor in Ornis).

All the villages contain a fully secure perimeter and access control, a central club house with lounge, dining room and other amenities and, most importantly, a fully

operational healthcare centre.

Says Tim Irvine of Faircare Trust: "We work hard to understand retirees' needs in an ever-changing social and economic environment and to meet these needs as efficiently and beneficially as possible."

"The Faircare philosophy is very simple – retirement should be a fun, harmonious and relaxed stage of one's life and we will provide the secure and managed environment within which to achieve this."

See the advertisement on this page for further information and contact details.

Working hard to understand and meet retirees' wants

Attention to detail makes this retirement home 'unique'

The St James spokesperson

HIGH standards, attention to detail, personal involvement and care are what makes The St James the very unique retirement spot of choice for its residents.

Walk into The St James on any day and you'll experience a place very different to other retirement venues. Built in 1897, this gem on the False Bay coast not only retains the elegance and graciousness of a bygone era of hospitality, but there's an infectious warmth, relaxed atmosphere among staff and residents that welcomes you immediately to what has justifiably been called "the finest retirement hotel in South Africa".

This is no happy accident. The management team, headed by managing director Gail Herring, is devoted to ensuring that a culture of high standards and personal care is maintained, right down to the very precise folds of the serviettes in the dining room.

Gail has worked alongside two of the finest general managers, Richard Johnston and David Wilson Roe, carrying this invaluable experience and their special ethos with her throughout her 25 years at The St James.

Steadily climbing the management ladder,



assistant manager David Hartnick has proved to be an invaluable right hand to his managing director and has firmly entrenched his operational skills and inclusive management style over his 18 years at The St James. It's evident in the high standards of service and care at The St James and also in the tangible sense of camaraderie among the staff.

Matron Call McDonough, who is responsible for the care of residents at The St James, has a unique view of what a retirement home should be – not for her the sterile corridors one finds at newer "state-of-the-art" retirement homes. Her style is very much "hands-on and involved". Whether that involves a simple helping hand or full time nursing in the recently renovated recuperative care centre, Matron Call is always there when residents and staff need her.

Among the long list of specialist nursing courses she has to her name, Call believes that her psychiatric nursing qualifications and her time spent as a district sister responsible for the aged have best prepared her for the position at The St James. "Nursing is not just about the physical. Care of the spiritual needs is equally, if not more, important," she says.

There are a few of small units available at present. Call Shirley Eva on the number in the advertisement on page 11 or visit our website: www.stjameshotel.co.za

PROUD TEAM: The management team of The St James are Matron Gail McDonough, managing director Gail Herring and assistant manager David Hartnick.



GOLDEN YEARS: Monte Rosa Retirement Home was built in 1985 and accommodates 111 elderly residents. It offers 24-hour nursing care, three nutritious meals a day, laundry facilities, sick bay facilities, a hair salon managed by volunteers and shopping trips on Tuesdays. The home's yearly highlights are a traditional boazaar and the Christmas tree of lights. There is also a resident's choir. For more information, contact Clive van Zyl on the number in the advertisement on page 11.