

## CAPE NEWS

# State of the art facilities

Renewed focus results in Amdec's upmarket retirement community of facilities to include Muizenberg, writes ANNA-MARIE SMITH

**T**HE quaint, historic village of Muizenberg was the first Western Cape location on the list of property developers Amdec, to meet rising demands for superior quality retirement living in SA. The newly launched Evergreen Retirement Lifestyle Village in Muizenberg, previously named Fisherman's Hamlet, forms part of an exceptional concept designed by Amdec. This innovative concept, the Evergreen Retirement Lifestyle Villages, is also SA's first national community of retirement villages, where Amdec is planning retirement developments on a national basis, including the city of Cape Town, Gauteng, KwaZulu-Natal and the Eastern Cape.

Amdec invested R195m into the development of the coastal estate, tailor-made to feature five-star facilities to affluent retirees who can afford to live in style once retired. Evergreen Muizenberg, to be located on 2.7ha of pristine landscaped grounds, offers purchasers both physical and financial security, comprehensive health care services, stylish accommodation, state-of-the-art facilities and a variety of options for recreation.

Set amid garden walkways, the development will provide 97 free standing single storey, two and three bedroom houses with single garages, as well as 138 apartments providing different levels of care. Apartments are available for purchase from R70 000, and two and three bedroom houses from R1.175m.

Shi Wilson, Chairman of Amdec, says there is a definite need for upmarket villages providing the full spectrum of active lifestyle facilities, tick-up-and-go security, and a range of healthcare services with the option of

assisted living. Wilson says that conversations with peers and friends often turn to the changes and challenges that retirement brings: "With today's longer life spans, the retirement village you select may well be your home for the next 30 years or more, and within that time there could be many changes in your lifestyle, preferences and even health," he said.

The Evergreen Muizenberg homes and apartments are offered on a life right basis, in accordance with the Housing Schemes for Retired Persons Act. According to Amdec the life right option is the most widely practiced and requested retirement purchase scheme worldwide.

Wilson says: "Experience worldwide indicates that many people prefer to remain close to their social circles and support networks, family, friends, doctors and the like, when retiring."

Jayne Hendry, Sales Manager at Amdec says: "Evergreen Muizenberg is designed to create a balance between privacy and community, independence and assistance, technology and the natural environment." The Health Care Centre offers a supportive continuing care environment.

Complete health care is provided from preventative, low, mid through to frail care, 24-hour nursing including emergency assistance buttons in all residences, plus clinic and treatment room on the premises for visiting doctors, physiotherapists and occupational therapists. Hendry says: "Evergreen Muizenberg offers an integrated approach to health care with support services that are responsive to the changing needs of retirees." The Cape Peninsula Organisation for the Aged is the specialist healthcare provider to Evergreen Muizenberg.

As Amdec's focus falls on a superior quality lifestyle during retirement,



resident's home comforts will include housekeeping, a laundry and cleaning service, maintenance, gardening, pest and emergency callouts. Ongoing social interaction will include club facilities, library, gym, practice bowling lane, putting green, croquet facilities, the Village Centre for seasonal dining areas, and outdoor braai entertainment areas to be enjoyed with

visitors. Landscaped gardens will feature meandering walkways leading from tranquil gazebos to outdoor activity areas.

In providing peace of mind, a secure walled environment featuring electric fencing and CCTV cameras was created. Access through the manned security gates is strictly controlled with 24-hour patrols and emergency

assistance at the push of a button.

Residents can optimise the central location of Evergreen Muizenberg, only 30 minutes from Cape Town's city centre, and within striking distance from all major amenities including a picturesque beach. Perfect for nature lovers, the area offers walks in the Stuenberg and Silvermine Nature Reserves, and a magnificent coastline

dotted with charming villages.

Cultural entertainment and retail facilities on the doorstep of residents provide a varied, yet tranquil lifestyle. Amdec Property Developers also developed The Padocks in Constantia, Normandy Village in Plumstead, Fisherman's Village in Muizenberg, Kei Apple Lane in Constantia and The Summit in Higgovale.